



Society for the Advancement
of Modeling and Role-Modeling

18th Biennial International Conference

Bridging Worldviews: Inclusion, Partnership, and Collective Wisdom

October 18-20, 2023 | Virtual Conference Schedule

[Register Here](#)

Helen Erickson



Dr. Helen L. Erickson, PhD, RN, AHNN-BC, FAAN, SGAHN is a leading nursing theorist and primary author of the theory and paradigm, Modeling and Role-Modeling (MRM). MRM theory is spiritual in nature: emphasizing holistic relationship-centered care, understanding the client's worldview, and regarding clients as the primary source of information. This theory also contains many different mid-range/practice theories nurses can use to better understand and guide their nursing practice.

Helen has maintained an independent nursing practice since 1976 to facilitate healing and a higher level of well-being in clients, as she taught full-time and/or worked as a program administrator at multiple national universities. She has had five federally funded, four state funded, and four personally funded research projects. She has chaired or been a committee member for numerous theses and dissertations even after retirement.

She has numerous scientific and professional nursing publications advancing holistic, relationship-centered nursing practice, theory, education, and research. She continues to move professional nursing forward by developing standards for education and practice such as the *2017 Foundations, Concepts, and Curricular Guidelines for Basic to Doctoral Holistic Nursing Education*. Several schools nationwide have used these guidelines to develop seamless holistic baccalaureate to doctoral nursing programs.

Helen continues to be in high demand as a national and international presenter and consultant. She is currently active on three national professional boards. She has received numerous awards including teaching awards from Sigma Theta Tau, the University of Michigan, and The University of Texas at Austin which also created the Helen L. Erickson, Endowed Lectureship on Holistic Nursing to honor her legacy. She received two lifetime achievement awards from American Holistic Nurses Association and the Journal of Holistic Nursing Award for Excellence in Practice Writing. Yet, her greatest accomplishments are found in mentoring innumerable students, nurses, and faculty, facilitating healing in clients and families, and raising nursing's consciousness to the value of providing holistic nursing care within the context of the client's worldview.

Dr. Erickson is a world-renowned visionary who continues to transform nursing practice by integrating holistic nursing and MRM theory into education, practice, and research. One of her most recent endeavors has been as a founding member and leader of the Global Academy of Holistic Nursing (GAHN). She currently serves as Executive Director of GAHN which is focused on elevating Holistic Nursing scholarship at the global level.

“

My gift to you is this: I know the True You, your Self, is quite remarkable; it has many treasures to be shared with others, and as you discover those gems – those parts of your Self that are you and only you – you will pass them on. As they grow, they will light the path for others.

Connect

Engage

Empower



2022-2023 SAMRM Board Members



Da'Lynn Clayton

PhD, RN, SGAHN
Acting President



Judi Hertz

PhD, RN, FAAN
Communication Chair



Brenda Moffitt

MSN, ARNP, CNS-BC, CLC
Acting Treasurer



Helen Erickson

PhD, RN, AHN-BC, FAAN, SGAHN
Acting Nominating Chair



Gloria Duke

PhD, RN, NC-BC, NBC-HWC
Acting Secretary



Susan Bowman

PhD, RN
Newsletter Editor



Helen L. Erickson

PhD, RN, AHN-BC, FAAN, SGAHN
Theorist | Author | Charter Member



Marci Maple

DNP, APRN, ANP-BC, PHN, SGAHN
Past President 2018-2023



Margaret Erickson

PhD, RN, CNS, APHN-BC, SGAHN
Program Chair



Eileen Curl

PhD, RN, ANEF
Past President 2016-2018

2023 SAMRM Conference Planning Committee

Margaret Erickson

PhD, RN, CNS, APHN-BC, SGAHN
Co-chair

Da'Lynn Clayton

PhD, RN, SGAHN
Co-chair

Marci Maple

DNP, APRN, ANP-BC, PHN, SGAHN

Special Thanks

Ray Harwood GoodClix, LLC Zoom Events

<https://GoodClix.com>

Greg Clayton, Photography

gclayton@harding.edu

Christopher Charnecki, Website Admin

info@mrmnursingtheory.org

Aaron Landry, Creative Designer

<https://www.coroflot.com/aaronlandry>



Wednesday

“MRM is not just for nursing...I have learned through studying and living Modeling and Role-Modeling theory that life’s challenging encounters can be mastered by applying the concepts of the theory. Take time to listen, connect, facilitate, nurture, and model the other’s world.”

Ellen Schultz, PhD, RN, HTCP, AHN-BC, SGAHN

MODERATOR





Wednesday, October 18 | 2:10pm - 3:10pm EDT | **Invited Speaker**

Holism and Quantum Theory

Abstract

This talk will focus on strategies for moving forward with the application of holistic nursing practice. Evidence-based theory will lead participants through an understanding of reductionism and the resultant current state of affairs in the medical model. There are multiple levels of *taking action* in holistic nursing. We will develop a vision of how to integrate our holistic way of thinking into the western medicine machine. Participants will consider their responsibilities and opportunities from quantum to micro and cellular level, to the social, environmental, global, and universal levels of holism. The field of psychoneuroimmunology, the science behind holistic nursing, opens evidenced-based opportunities to move to holistic principles. We will engage with holistic approaches to healing and offer new ways to view disease, further connecting the mind and body. Armed with an understanding of how we got *here* with the medical model, nurses can see a path, set intention, and move that wheel towards a more holistic approach in thinking, research, education, self-care, and practice.

Presenter



Debra Rose Wilson

PhD, MSN, RN, IBCLC, AHN-BC, CHT

debrarosewilson@comcast.net

[Get Curriculum Vitae](#)

Presentation Objectives

- Distinguish between reductionism and holism.
- Examine the role of quantum physics in holistic nursing.
- Reflect on action to move holistic nursing into the future.

This session earns 1.0 Contact Hours

Debra Rose Wilson, PhD, MSN, RN, IBCLC, AHN-BC, CHT is a nurse and a health psychologist. She has worked gaining expertise in public health, obstetrics, complementary and alternative therapies, holism, and epidemiology. Seeking to view health from outside the western model, Debra completed a Master of Science in Holistic Nursing. Then, with a focus on psychoneuroimmunology, completed a PhD in health psychology. With over 200 publications, her research experience includes autoimmune disease, breastfeeding, the profession of nursing, and women's health. Dr. Wilson was the 2017-2018 American Holistic Nurse of the Year. She is a life-long learner seeking graduate education in physics, and is a Professor and the Chair of Excellence at Austin Peay University, School of Nursing. Dr. Wilson is an internationally known speaker on stress and self-care, holistic nursing, and complementary therapies.



Wednesday, October 18 | 3:10pm - 4:10pm EDT | **Keynote Speaker**

Bridging Worldviews: What does it take?

Abstract

The idea of bridging worldviews often leads to thinking of diverse populations, developing cultural competency, understanding perspectives of those with differing gender identities, and other ways we've learned to differentiate human beings. Each has merit, each is worth considering when we try to communicate with another, but none are sufficient to *bridge the gap between one's worldview and that of another*. While reading, observing, studying the norms of another culture gives us information, it can lead to siloing ourselves, thinking that we don't have sufficient skills to interact in a meaningful way, we end up avoiding communication with another. Yet, this is a way of communicating that creates greater distance between two people.

This discussion offers an alternative to this problem. Why not simply use our Self as our primary tool in practice; learn how to "step into another person's worldview" – the primary action associated with the MRM paradigm. This discussion offers ways to bridge the gap between two worldviews, to build a mirror image that is guided by two key constructs of MRM: Adaptive Potential and Affiliated-Individuation. The Six Aims of Caring will guide the discussion of Role-Modeling. Each will be based in the underpinnings, the philosophy of the theory. After all, we are each unique in our own way, but it is our similarities that give life meaning.

Presenter



Helen L. Erickson

PhD, RN, AHNN-BC, FAAN, SGAHN
helenerickson1936@gmail.com

Presentation Objectives

- State two ways to bridge worldviews.
- State two aims of caring that facilitate bridging worldviews.

This session earns 1.0 Contact Hours

Helen L. Erickson, PhD, RN, AHNN-BC, FAAN, SGAHN is the primary author of the theory and paradigm, Modeling and Role-Modeling. She has maintained a private practice since 1976 and held faculty and administrative positions where she was involved in teaching, research, practice, and consultation at the University of Michigan, University of South Carolina, and The University of Texas at Austin. She has several publications on Modeling and Role-Modeling theory and Holistic Nursing and has been recognized with awards for education, practice, living-legend, life-time achievement, and distinguished alumni award.



Wednesday, October 18 | 4:10pm - 4:40pm EDT

Modeling the World of Six Shoeshine Boys in Vietnam and Searching and Finding Them Again

Abstract

On a bone-chilling-cold day in Vietnam, I saw a little shoeshine boy sitting on the road outside our house, shivering in his thin pants and shirt. I could not stand to see him suffering, so I took him to a nearby store to buy a cheap winter jacket. Word spread, and soon five other shoeshine boys were knocking on my door to shine my shoes. It became a problem as there were only a few pairs of shoes that needed shining, and certainly not every day. I was volunteering for Plan International Street Children Project at the time, and with the help of Chung, my boss/interpreter/translator, the individual visits involving shining shoes and candy treats gradually evolved into a weekly group meeting, healthy culturally appropriate meals, social activities, a small research study, and a deep and lasting relationship with these wonderful boys. This presentation will recount the year-long journey in 1998/1999, the research study, as well as the efforts to reconnect that resulted in a reunion 20 years later with five of the now 30-some-year-old men. The reunion that was planned as a lunch to reconnect, turned out to include an overnight visit to their village to meet their families and friends. Use of Modeling and Role-Modeling enabled me to move from an ethnocentric approach to modeling these shoeshine boys world and facilitating healing, health, and wellbeing. It is one of the most meaningful and profound experiences of my life, and I am excited to share it with you.

Presenter



Rochelle Scheela

PhD, MS, MA, BA

riki@paulbunyan.net

Presentation Objectives

- Create partnerships to promote collective wisdom and facilitate healing, health, and well-being through understanding diverse client worldviews and cultural perspectives.
- Inspire best practices, education and research grounded in holistic relationship-centered nursing across populations and cultures.

This session earns 0.5 Contact Hours

Rochelle (Riki) Scheela, PhD, MS, MA, BA has a BA in nursing, an MA in educational administration, an MS in psychiatric/mental health nursing, and a PhD in nursing. She retired from Bemidji State University where she was a Professor of Nursing for 28 years and Chair of the department for seven years. Scheela was ANCC certified as a Clinical Nurse Specialist in Adult Psychiatric & Mental Health Nursing and worked part-time as a therapist for sex offenders for 26 years. Her research focused on the treatment of sex offenders, their victims and families, and the therapists who worked with the offenders. She also conducted research with street children in Vietnam. She has published, presented at national and international conferences, and developed a multi-disciplinary sexual abuse course based on her research and experience. Currently, she is on the board of the Village of Hope homeless shelter.



Wednesday, October 18 | 5:00pm - 5:30pm EDT

Battle of COVID-19: Overcoming Feelings of Abandonment with Strategies to Promote Wellness

Abstract

The COVID-19 pandemic had a profound influence on rural American frontline nurses and their feelings of abandonment by their families, leaders, and communities. The frontline nurses reported similar experiences during the pandemic to soldiers returning from combat. Feeling ostracized and like no one was able to understand left nurses with little armor in their arsenal to overcome stressors that resulted from COVID-19. The volume of death and tragedy compounded with the feelings of abandonment left many nurses experiencing feelings of PTSD. Families, work culture, and communities play a significant role in fostering wellness for individuals exposed to traumatic events. Nurse leaders must act to combat feelings of abandonment experienced by frontline nurses during the pandemic. Promoting psychological safety by improving communication and providing necessary support will directly impact the psychological and physical wellness of the frontline nurse. Nurse colleagues are also called to implement strategies, managing the day-to-day stressors faced in the current dynamic healthcare environment; the frontline of COVID-19.

Karen R. Robinson, PhD, RN, FAAN is a nurse research consultant at Sanford Health and clinical quality analyst at Essentia Health Fargo. After 32 years of service, in 2010 she retired from the Department of Veterans Affairs as the Associate Director for Patient Care/Diagnostics and Therapeutics Service Line Director. Dr. Robinson has conducted research pertaining to instrument development, nurse managed clinics, nursing reimbursement and the COVID-19 pandemic's nursing impact. In 2020, she published an article "Comparing the Spanish flu and COVID-19 pandemics: Lessons to carry forward." She was the primary investigator of the qualitative study "The lived experience of frontline nurses: COVID-19 in rural America" which was published in *Nursing Forum*. Dr. Robinson and colleagues published an article "Future catastrophic event preparation: Recommendations from clinical nurses aligning with *The Future of Nursing 2020-2030 Report*" in *JONA* and the "Battle of COVID-19: Frontline nurses feel abandoned during the pandemic" in the *American Nurse*.

Michelle Gierach, EdD, RN, CNE is an associate professor of nursing at Augustana University. She is a certified nurse educator, specializing in the areas of evidence-based practice, research, maternal newborn and public health nursing. Dr. Gierach is actively involved in research within the clinical practice setting and has conducted research and mentored clinical nurses through nursing inquiry. She has published and presented research outcomes nationally and internationally. Most recently, Dr. Gierach was a co-investigator of studies investigating the impact of the COVID-19 pandemic on nurses and is currently investigating nursing wellness and the impact of interprofessional collaboration on health profession students.

Presenters



Karen R. Robinson

PhD, RN, FAAN

robinson.karen@gmail.com



Michelle Gierach

EdD, RN, CNE

michelle.gierach@augie.edu

Presentation Objectives

- Examine how the COVID-19 pandemic created feelings of abandonment in rural nurses.
- Discuss how the experiences of frontline nurses resembled warlike settings.
- Describe the multi-pronged strategies to promote wellness.

This session earns 0.5 Contact Hours



Wednesday, October 18 | 5:30pm - 6:00pm EDT | [Panel](#)

Thoughts about: Lived Experiences of Frontline Nurses, COVID-19 Pandemic

Abstract

There are four parts to the response of Robinson's presentation of Lived Experience of Rural Nurses during the Pandemic:

1. Two nurses will be asked to reflect on their experience as it compares to the study results with consideration of the questions posed to the respondents to the study, what were the similarities and differences.

2. A brief discussion on differences in practice based on selected paradigms of caring: a bio-medical, disease related problem perspective or a holistic, well-becoming paradigm, with the proposal that those who practice from the first often place priority on their ability to manages tasks needed to manage the medical problem. While holistic nurses prioritize their use of Self as an instrument while carrying out needed tasks.

3. A final discussion exploring what is needed to facilitate nurses' self-reflection and reflective practice to discover how to give voice to knowing Self and Self as facilitator, supporter of the person, while attending to bio-physiological tasks related to the medical problem; how to facilitate use in practice, and relationship with characteristic known as resilience.

4. Brief discussion of application MRM theory will be presented with consideration for education and practice, and potential strategies.

Presenters



Amanda V. Peterson

MSN, AGACNP-BC, CCRN

spainy5536@gmail.com

www.thisnurse.com



Eric Schwab

BSN, RN, HNB-BC

easchwab@gmail.com

Moderator



Helen L. Erickson

PhD, RN, AHNN-BC, FAAN, SGAHN

helenerickson1936@gmail.com

Presentation Objectives

- State the relationship between using Self as an instrument in practice and practice activities.
- State the relationship among a nurse's worldview, her/his practice, and resilience.

This session earns 0.5 Contact Hours

Amanda V. Peterson, MSN, AGACNP-BC, CCRN is a practicing pulmonary Nurse Practitioner (NP) with 16 years of critical care nursing experience at United Hospital in Saint Paul, MN. She spent 2 years as a COVID ICU nurse from March of 2020 to February of 2021, and again from September of 2021 to February of 2022. Her award-winning book, *Everybody Just Breathe: A COVID Nurse Memoir of Stamina and Swear Words*, documents her account of that time period in nursing history. She graduated with her Acute Care NP in May of 2022.

Eric Schwab, BSN, RN, HNB-BC holds a certification as a Holistic Nurse (HNB-BC) from the American Holistic Nurses Credentialing Corporation where he has been a member since January 2023. He graduated from Duquesne University in 2022 with a Bachelor's of Science in Nursing. Since then, he has been working at UPMC Shadyside in Pittsburgh, PA. Eric has worked in oncology and medical/surgical settings. Additionally, he has undergone training facilitated by the integrative oncology team from the UPMC Hillman Cancer Center to function as a Nurse Ambassador for their program. Lastly, he is conspiring with fellow nurses and local nursing professors to help implement holistic nursing values and education at the bedside.

Helen L. Erickson, PhD, RN, AHNN-BC, FAAN, SGAHN is the primary author of the theory and paradigm, Modeling and Role-Modeling. She has maintained a private practice since 1976 and held faculty and administrative positions where she was involved in teaching, research, practice, and consultation at the University of Michigan, University of South Carolina, and The University of Texas at Austin. She has several publications on Modeling and Role-Modeling theory and Holistic Nursing and has been recognized with awards for education, practice, living-legend, life-time achievement, and distinguished alumni award.



Wednesday, October 18 | 6:00pm - 6:30pm EDT

Collective Wisdom for Holistic Health and Immune Support: Connections Between MRM Theory and Terrain Theory

Abstract

The function of the immune system plays a key role in health and overall quality of life. Modeling Role-Modeling (MRM) theory provides a helpful lens to understand the many factors that influence the immune system and how these factors impact holistic health and wellness. The allopathic healthcare model prominent in the United States largely disregards the importance of interrelationships described in MRM theory between aspects of how people are alike and how they are different and the synergistic effects of these factors on health and wellness. Because of this, the public is largely unaware of the big picture when it comes to self-care practices to support immune health and prevent infections. In some European countries, however, collective wisdom has been passed down in the form of a theory known as Terrain theory. Terrain theory reflects a similar holistic perspective to MRM theory and describes a systems-level approach to understanding immune health. Comparing MRM theory to Terrain theory can be a useful exercise to identify holistic aspects of self-care to support immune health, which is the focus of this presentation.

Presenter



Karen M. Gutierrez

PhD, RN, MSN-Ed, AHN-BC

karen.gutierrez@metrostate.edu

Presentation Objectives

- Describe two similarities between Terrain theory and Modeling Role-Modeling theory regarding how these theories view influences on health of the immune system.
- Identify two self-care actions that can support immune health.

This session earns 0.5 Contact Hours

Karen M. Gutierrez, PhD, RN, MSN-Ed, AHN-BC holds certification as an Advanced Holistic Nursing from the American Holistic Nurses Association. She is a professor of nursing at Metropolitan State University, (Metro State) where she is co-chair of the nursing department and coordinator of the Entry Level Master of Science in Nursing (ELMSN) program. Karen has taught as faculty in Metro State's baccalaureate, ELMSN and DNP programs for 13 years. Prior to her role as an educator, she worked clinically for 19 years in surgical, critical care nursing and post-anesthesia care nursing. She received a PhD in nursing and a Master of Science in Nursing Education from the University of Minnesota in Minneapolis, Minnesota. She has researched, published and presented on various topics, including moral distress, prognostic communication at end-of-life, and advanced directives. She led Advanced Directive workshops for Allina Health Care for 6 years. She has a health and wellness blog and is a regular contributor to a community magazine, "Habra Heights Neighbors", where she publishes articles on holistic health and wellness topics, including benefits of fruits and veggies, integrative stress management techniques, immune system support, and benefits of select foods, supplements and herbs. She is founder of Empowering Holistic Health, a professional consulting practice where she helps clients understand self-care actions that can support holistic health, with a significant focus on immune health using nutrition, supplements and herbs, and other integrative practices.



Wednesday, October 18 | 6:45pm - 7:15pm EDT

Seeking Help, Experiencing Vulnerability, and Finding a Path of Unknown Wonders: A Modeling and Role-Modeling Nursing Theory Exemplar

Abstract

This presentation provides a story interweaving human need, vulnerability, and potential through a comprehensive Modeling and Role-Modeling (MRM) theory exemplar. MRM stipulates that across the lifespan, as humans grow and develop, they inherently need relationships that meet their needs, and concurrently they are driven to fulfill their unique potential. Growth is a continuous process dependent on need satisfaction, and development is an epigenetic process, contingent on task resolution unique to the various stages of life. Implicit in this epigenetic process is the ever-present potential to “rework” developmental tasks throughout one’s life as secure attachments are experienced and the drive for achieving one’s unique potential is met. This association between need for a secure connection and drive to become a unique individual is conceptualized within MRM theory as Affiliated-Individuation (A-I).

Based on an insightful, client-created diagram, this exemplar illustrates various aspects of MRM and its application to the epigenetic process of reworking issues related to A-I. The diagram was drawn by the client at a critical point in her healing process to visually capture her own understanding and explain her insights and experiences to her nurse.

The presentation concludes with a poem written by the client and given to her nurse to capture the essence of their shared journey, to reflect the process she experienced, and to describe her recognition that a path of unknown wonders lies before her.

Presenter



Carolyn Kinney

PhD, RN, SGAHN

ckkinney@aol.com

Presentation Objectives

- Examine the theoretical principles basic to the use of Modeling and Role-Modeling in a nurse-client relationship.
- Describe interactions designed to facilitate need satisfaction, secure attachments, and healthy Affiliated-Individuation appropriate for various cases and situations.

This session earns 0.5 Contact Hours

Carolyn Kinney, PhD, RN, SGAHN received her BSN, MA, and PhD degrees from the University of Iowa. She is a retired nursing professor, having served on the faculty of schools of nursing at the University of Iowa, University of Michigan, The University of Texas at Austin and University of Texas at Galveston. Dr. Kinney’s teaching, research, and practice are based on the holistic nursing theory Modeling and Role-Modeling. She has devoted her nursing career to integrating holistic principles and healing perspectives into mainstream healthcare and through her private practice has provided holistic care to individuals, families, and groups.



Wednesday, October 18 | 7:15pm - 7:45pm EDT

Improving Diversity, Equity, and Inclusion for the Native Hawaiʻian and Pacific Islander Populations by Increasing the Cultural Competence Levels of Nurse Providers

Abstract

Problem Statement: Native Hawaiʻian and Pacific Islander patients continue to have poorer health outcomes than their White counterparts. Although White citizens of Hawaiʻi are a minority of the population, their ability to access healthcare and prevent chronic disease processes exceeds that of the Hawaiʻian patient. Likewise, for the Pacific Islanders, which include Micronesia, Tonga, Marshall Islands, Samoa and more. Each island has a specific dialect with respect to the Pacific Islanders, which often creates a barrier to healthcare.

Purpose: The historical perspective of the Hawaiʻian islands, including the U.S. military partnership with Hawaiʻi and the Pacific Islands with respect to bombing the islands as practice sites during World War II, and the creation of the Compact Agreement will be presented. Hawaiʻi was annexed to the U.S. in 1959 leaving them the newest state in the Union. A lack of resources, isolation in the Pacific Ocean, and the very high cost of living leave Hawaiʻi very vulnerable with regard to a health crisis such as COVID-19. The cultural beliefs of each population, their health practices, suggested strategies for nurses, and future implications for nursing practice will be shared.

Conclusion: The health of a community depends upon the environment the person lives in daily. Social Determinants of Health (SDH) are linked to poorer health outcomes, more specifically in populations in rural communities. The Native Hawaiʻian and Pacific Islander groups are located thousands of miles away from large teaching hospitals, including acute care centers for Pediatrics and Mental Health. Spotlighting the cultural needs of this group is important for nurses to realize in order to tailor care appropriately with cultural competence.

Celeste M. Baldwin, PhD, MS, APRN, CNS has been a nurse for 46 years and a nursing educator for 32 years. Her passion includes self-care and the care of patients in a wholistic manner with unconditional acceptance of the patient, facilitation of care with the patient and family, and nurturance. This approach is based on the theory of Modeling and Role-Modeling by Erickson, Tomlin, and Swain (1983). Utilizing these same principles of the role of the nurse in the education of her students as they are her patients in this case. Mentoring them, guiding them to practice self-care, maintaining physical health, and levels of hope, control, support, and satisfaction with daily living. Celeste's research is varied and wide, focusing on obstetrics, pediatrics, oncology, and what makes thing best for patients and her students. Her current research has been on Human Papillomavirus (HP) in the community and impostor phenomenon in DNP students.

Presenter



Celeste M. Baldwin

PhD, MS, APRN, CNS

celeste.baldwin@regiscollege.edu

Presentation Objectives

- Examine the historical events leading up Hawaiʻi becoming the 50th state in 1959.
- Understand the cultural beliefs and practices of the Hawaiʻian and Pacific Islander populations.
- Identify the barriers to healthcare access resources and improved overall health for this special population.
- Explore strategies to increase nurse's cultural competence in caring for this community to improve diversity, equity, and inclusion.

This session earns 0.5 Contact Hours



Wednesday, October 18 | 7:45pm - 8:00pm EDT | **Q&A and Dialogue**

Bringing It All Together

Notes

Facilitator



Helen L. Erickson

PhD, RN, AHNN-BC, FAAN, SGAHN
helenerickson1936@gmail.com

Words to dwell on

“People live in a *context*. *The context is their life*. It often starts before their birth and goes across their entire lifetime. Unless we understand this, we often miss an opportunity to help another human to heal.”*

This session earns 0.25 Contact Hours

Visualize your thoughts

A space to draw or doodle

Helen L. Erickson, PhD, RN, AHNN-BC, FAAN, SGAHN is the primary author of the theory and paradigm, Modeling and Role-Modeling. She has maintained a private practice since 1976 and held faculty and administrative positions where she was involved in teaching, research, practice, and consultation at the University of Michigan, University of South Carolina, and The University of Texas at Austin. She has several publications on Modeling and Role-Modeling theory and Holistic Nursing and has been recognized with awards for education, practice, living-legend, life-time achievement, and distinguished alumni award.

*Erickson, H.L. (2006). The healing process (p. 430). In H.L. Erickson (Ed.) Modeling and Role-Modeling: A View from the client's world (pp. 411-443). Cedar Park, TX: Unicorn Unlimited.



Thursday

“While I believe in the interconnectedness of body, mind, and spirit, it was not until I met Dr. Helen Erickson that I began a journey to operationalizing its meaning!

MRM concepts such as self-care, unconditional acceptance, facilitation, nurturance, and affiliated-individuation have influenced all dimensions of my life and interlink with holistic nurse coaching approaches that guide my life coaching practice. Having MRM in my life significantly influences my interactions with others and my quality of life. I am so grateful!”

Gloria Duke, PhD, RN, NC-BC, NBC-HWC

MODERATOR





Thursday, October 19 | 10:00am - 10:50am EDT

SAMRM Business Meeting

Business meeting is open to all conference attendees.

SAMRM 2023 Membership Business Meeting Agenda

Agenda Item 1

Membership Vote Results: 2023-2025 SAMRM Board Members and Committees

Agenda Item 2

SAMRM Transition Period & Reports:

- Bylaws: Revision and Voting Result
 - ◊ New Committees: Membership & Awards
- Membership & Renewal Process
- Reports: Financial, Communication Committee, & Program Committee

Agenda Item 3

2022 Retreat & Video Report – Helen Erickson

Agenda Item 4

Awards Presentation

Agenda Item 5

Strategy Planning:

- Membership Drive
- Possible Spring 2024 Retreat
- Feedback on virtual vs. in-person conference

Purpose of SAMRM

To advance the development and application of the theory Modeling and Role-Modeling by:

- Promoting the continuous study and integration of the theoretical propositions and philosophical underpinnings through research, practice, and continued education.
- Developing a network for the support, stimulation, and growth of the membership through newsletters, conferences, and membership meetings.
- Disseminating knowledge and information through conferences and publication of conference proceedings.
- Addressing societal needs by contributing to improvement of health care through proactive promotion of holistic health.



Thursday, October 19 | 11:00am - 11:45am EDT | **Invited Speaker**

A Reflective Journey: From Navy Hospital Corpsman to Advanced Holistic Nurse

Abstract

When a group of senior nursing students asked, "David, when did you know that you were a holistic nurse?", he reflected on his nursing journey. He realized he was practicing holism before he became a nurse. During his time in Vietnam, he cared for not only American service men, but also South Korean, North, and South Vietnamese soldiers. Caring, compassion and viewing each person as a whole has been a part of this nurse's life.

Using story, David will share his journey.

Presenter



David Shields

MSN, RN, AHN-BC, QTTT
d_shields3@aol.com

Presentation Objectives

- The learner will explore the presenter's journey from Navy Hospital Corpsman to Holistic Nurse.

This session earns 0.75 Contact Hours

David Shields, MSN, RN, AHN-BC, QTTT has been a nurse for 47 years. He has an AD, BSN, and an MSN. His clinical background is in Emergency Nursing, leadership, pre- and post-operative care and in nursing education at Capital University in Columbus, Ohio. He was a team member pursuing endorsement from AHNCC for four nursing programs at Capital University in 2009. He has held certifications in Emergency Nursing and is currently certified as an advanced holistic nurse through AHNCC. He is currently retired but works part time as a clinical supervisor for Capital University and as a Systems Clinical Educator for Ohio Health in Columbus, Ohio. David has had a Therapeutic Touch practice since 2001 and is a Qualified Therapeutic Touch Teacher/Practitioner, volunteering his time with a local hospice organization.



Thursday, October 19 | 11:45am - 12:15pm EDT

Integration of Social Determinants of Health and Patient Identified Resources in a Nurse Practitioner (NP) Managed Free Clinic

Abstract

This presentation incorporates the social determinants of health when considering patient resources (resources they have and need) while promoting health equity in vulnerable populations.

Discussion includes data and strategies from a current study in a NP managed clinic serving underserved patients with hypertension and diabetes. Such resources encompass various support systems that include elements of physical health, emotional well-being, spirituality, positive relationships, positive role-models, and the knowledge of any hidden norms that may exist. The related concept of social needs (individual-level, non-medical acute resource needs for things) are additional key measures supporting good health and health equity.

Presenters



Janet Bischof

PhD, RN, NE-BC, CNE
bischofj@duq.edu



Mary Meyers

CSJ, DNP, RN, AGNP-C
myersm1@duq.edu



Denise Lucas

PhD, FNP-BC, CRNP, FAANP
lucasd2495@duq.edu

Presentation Objectives

- Discuss a NP managed free clinic caring for diabetic and hypertensive patients.
- Relate the social determinants of health domains to patient identified resources.

This session earns 0.5 Contact Hours

Janet Bischof, PhD, RN, NE-BC, CNE has been a nurse for over 40 years and has experience and certification in nursing administration and nursing education. Her clinical focus has been critical care. She has volunteered at a free clinic for over 10 years. She has participated in data collection on various studies and projects at the center involving patients with diabetes and hypertension. Her research focus is on resources that patients have and need. She currently is an Adjunct Faculty/Faculty Online Reviewer at Duquesne University.

Mary Meyers, CSJ, DNP, RN, AGNP-C has a variety of experience in elementary education and nursing. She has been an adult-gerontology primary care nurse practitioner and actively sees patients in a stand-alone free clinic. She serves as a preceptor for nurse practitioner students and participates in opportunities aiming to improve the lives of patients. She currently serves as the Director of Academic Support and NCLEX-RN® Success at Duquesne University.

Denise Lucas, PhD, FNP-BC, CRNP, FAANP has been a nurse for over 35 years and has experience in acute care and education. She has been a family nurse practitioner caring for patients in a stand-alone free clinic for over 20 years. She has served as a preceptor for nurse practitioner students and has conducted various studies in this setting. She has a particular interest in understanding resources from the perspective of the patients who seek care at the free clinic. She currently serves as the Clinical Associate Professor and Chair, Advanced Practice Programs at Duquesne University.



Thursday, October 19 | 12:15pm - 1:15pm EDT | [Special Fireside Chat Event](#)

Diverse Populations: An Analysis of Affiliated-Individuation (A-I) Status and Ability to Cope

Abstract

This discussion builds on the keynote presentation, Bridging Worldviews with a focus on three areas:

1. The healthcare provider as a facilitator of others. Discussion includes: a) beliefs about human nature; b) recognition of potential resources (internal and external); and c) care of self and Soul. Basic paradigm premises include the worldview of the provider, how they relate to building a trusting, functional relationship, unmet Maslovian needs, discovering potential root problems, and the healing process.

2. Key aspects of the Modeling process are used to create a Model or Mirror Image of the other's life perceptions.

This includes: listening; observing body language and the environment; and assessing, analyzing, and clarifying the current situation as it relates to the ability to cope, adapt, heal, and grow. These concepts will be framed within communication theory.

3. Implications for Role-Modeling include the process used to facilitate another's ability to utilize resources to become more fully self-actualized. Skills needed are related to one's ability to pace and lead interactions, interpret responses, build a sense of support, control, and hope in the other.

Key issues will be illustrated by movie series clips released by TouchPoints, Inc, producer Paul Steinbroner. A discussion will provide insight on premises and actions needed to practice MRM. Slides will be used to illustrate the key points. Participants will interact through live chat.

Helen L. Erickson, PhD, RN, AHNN-BC, FAAN, SGAHN is the primary author of the theory and paradigm, Modeling and Role-Modeling. She has maintained a private practice since 1976 and held faculty and administrative positions where she was involved in teaching, research, practice, and consultation at the University of Michigan, University of South Carolina, and The University of Texas at Austin. She has several publications on Modeling and Role-Modeling theory and Holistic Nursing and has been recognized with awards for education, practice, living-legend, life-time achievement, and distinguished alumni award.

Carolyn Kinney, PhD, RN, SGAHN received her BSN, MA, and PhD degrees from the University of Iowa. She is a retired nursing professor, having served on the faculty of schools of nursing at the University of Iowa, University of Michigan, The University of Texas at Austin, and The University of Texas at Galveston. Dr. Kinney's teaching, research, and practice are based on the holistic nursing theory Modeling and Role-Modeling. She has devoted her nursing career to integrating holistic principles and healing perspectives into mainstream healthcare and through her private practice has provided holistic care to individuals, families, and groups.

Presenters



Helen L. Erickson

PhD, RN, AHN-BC, FAAN, SGAHN
helenerickson1936@gmail.com



Carolyn Kinney

PhD, RN, SGAHN
ckkinney@aol.com

Presentation Objectives

- State relations between Modeling and Role-Modeling.
- State two key skills important to the Role-Modeling Process illustrated in the movie clips.

This session earns 1.0 Contact Hours



Thursday, October 19 | 1:45pm - 2:15pm EDT

The Seven Grandfather Teachings: Bridging Native American Teachings and Nursing

Abstract

We will be discussing The Seven Grandfather Teachings and how they relate to nursing. The teachings are essentially Modeling and Role-Modeling. They are a how to live life in a good way. Life is a cycle or circle. We will also discuss the medicine wheel and how it relates to the teachings, life, and Modeling and Role-Modeling theory. Native culture is an oral culture, passing knowledge along orally has always been how teachings were done. We will share some resources for individuals who wish to learn more.

Presenters



Eileen Miller
RN, CDCES
eileen.miller@ihs.gov



Rachele Donnell
RN, NREMT
rachele.donnell@ihs.gov

Presentation Objectives

- By the end of the presentation learners will be able to list the seven teachings as described.
- Learners will evaluate how nursing applies to The Seven Grandfather Teachings by comparing how nursing and the seven teachings are alike.

This session earns 0.5 Contact Hours

Eileen Miller, RN, CDCES is an RN with experience in diabetes education. She has been working for Red Lake Comprehensive Health Services for over 25 years and is active in the community teaching some traditional skills. Eileen sits on two community councils that oversee research being done at Red Lake. The research focuses on memory loss and diabetes education for families.

Rachele Donnell, RN, NREMT is an RN with an interest in community health. She has been working for Red Lake Comprehensive Health Services for over 50 years as an RN and NREMT. She is also an EMT at a tribally owned casino. Rachele is on the Board of Regents for the Red Lake Nation Tribal College.



Thursday, October 19 | 2:15pm - 3:15pm EDT | This session earns 1.0 Contact Hours | [Panel](#)

Practice Ready: Integrating Holistic and Relationship-Centered Care into Simulation

Abstract

Simulation experiences are being used more frequently in undergraduate nursing programs to supplement clinical practicum hours for various reasons including the recent pandemic, limited clinical placement opportunities, and availability of clinical faculty. Simulation experiences can be designed to provide consistent learner experiences, reinforce theoretical content, facilitate clinical judgment, and nurturing client-centered interactions by setting intentions and goals for simulation experiences that meet important learning outcomes such as providing safe care, enhancing clinical judgment, and promoting holistic person-centered, relationship-based nursing care so learners are practice-ready upon graduation.

Simulation is a valuable learning strategy to create and design experiences that offer preparation for challenging ethical practice situations, experiences of loss and grief, cultural-centered care, intra- and inter-professional coordination, and holistic person-centered care for potentially vulnerable populations.

This panel presentation will focus on the significance of using a theoretical base such as Erickson's Modeling and Role-Modeling (MRM) nursing theory and Benner's Novice-to-Expert concepts to design simulation experiences. The panel will discuss types, advantages, challenges, and limitations of simulation experiences in classroom and laboratory to facilitate practice-ready graduates. The panelist will share MRM theory clinical simulation exemplars.

Nona Lacy, MSN, RN is a family-care nurse who provides innovative and holistic care to clients and families. She has a BSN degree from Harding University and a MSN degree from Grand Canyon University. Nona has practiced in diverse areas of nursing, including adult, pediatric, neonatal intensive care, and pediatric hospice care. As Associate Professor at Harding University College of Nursing, Nona worked in the undergraduate program for ten years. While her primary teaching responsibility was parent-child health theory and practicum she also taught women's health theory and leadership practicums. As the first College of Nursing Simulation Laboratory Coordinator, Nona was integral in creating and establishing the undergraduate simulation program integrating high-fidelity mannequins and innovative techniques into simulation experiences.

Johnnetta Kelly, PhD, RN is a nurse educator and family nurse practitioner with a vast array of experience in women's health, neonatal, and medical-surgical nursing. Her previous roles include staff nurse, nurse manager, director, case manager, advanced practice nurse, and nurse educator. Johnnetta's academic preparation includes an ADN and a BS in Health Education from the University of Arkansas in Little Rock, a MSN with family nurse practitioner role concentration from the University of Arkansas for Medical Services, and a PhD in Nursing from The University of Texas at Arlington. Clinical interest includes health disparities in vulnerable populations and women's health promotion. She is a member of ANA, AWHONN, NLN, and STTI, Epsilon Omicron chapter.

Da'Lynn Clayton, PhD, RN, SGAHN professional, educational, and research practice has been grounded in holistic relationship-centered, theory-based nursing care for children and families in diverse practice settings for over 30 years. As a nurse educator, Da'Lynn applied MRM theory to practice, education, and research. For 13 years, she taught a BSN theory-based pediatric course. The clinical had two components; acute hospital care for children based on MRM theory and a community nurse-led, student-run, well-child clinic where learners used theory-based research to create playful health screening. Currently, Da'Lynn works as a holistic nursing consultant, an editor for the National League of Nursing Commission for Nursing Education Accreditation (NLN CNEA) and is acting president for SAMRM.

Presenters



Nona Lacy
MSN, RN
ridingnaz@yahoo.com



Johnnetta Kelly
PhD, RN
jkelly@harding.edu



Da'Lynn Clayton*
PhD, RN, SGAHN
dclayton@harding.edu
***Moderator and panelist**

Presentation Objectives

- To encourage development of MRM theory-based simulation experiences to enhance clinical judgment and holistic nursing care.
- To demonstrate incorporating MRM theory in simulation experiences to facilitate relationship-based nursing care.
- To illustrate MRM theory-based simulation experiences that promote safe and effective nursing care while enhancing health outcomes especially for vulnerable populations.



Thursday, October 19 | 3:30pm - 4:00pm EDT

Bridging Worldviews Through Nursing Education: The Influence of the Five Aims in Caring for Marginalized Populations

Abstract

By educating nursing students in an urban nurse-led drop-in center for individuals experiencing homelessness, caregivers can begin to gain an understanding of another's worldview while applying concepts of the theory of Modeling and Role-Modeling (MRM). As nurses being to develop trusting relationships based on mutual benefit, the five aims of interventions in the theory can be applied to caring moments.

The practice model developed includes the stages of acknowledging the need, attending to the struggle, affirming strengths, and accompaniment. This nursing practice model serves as a guide for nurses to reduce stereotypes and stigma in order to offer a space for belonging and inclusion. In addition, this nursing-led drop-in center represents a longstanding academic-community partnership grounded in principles of social justice. The future of nursing depends on unique approaches in care that address health inequities through methods of co-creation and accompaniment to bridge worldviews.

Presenters



Joyce P. Miller
DNP, RN
millerj2@augsborg.edu



Kathleen Clark
DNP, RN
clarkk@augsborg.edu

Presentation Objectives

- Discuss the practice model at the Health Commons that serves as a guide for nurses to reduce stereotypes and stigma with individuals who are homeless.
- Promote collective wisdom through understanding diverse client worldviews and cultural perspectives.
- Disseminate knowledge and application of Modeling and Role-Modeling holistic nursing theory acquired through practice.

This session earns 0.5 Contact Hours

Joyce P. Miller, DNP, RN is an Assistant Professor of Nursing at Augsburg University and is the current Director of both the Master of Arts in Nursing program as well as the Doctor of Nursing Practice (DNP) program with a focus on Transcultural/Leadership. She has taught at Augsburg since 2005 in both the undergraduate and graduate programs. She was chair of the nursing department at Augsburg from 2013 to 2023. Prior to teaching, Joyce worked in various specialty areas, including pediatrics, operating room, and clinical research at the Mayo Clinic hospitals in Rochester for 38 years and held leadership positions at Mayo for 20 years. Joyce has a DNP in Transcultural/Leadership from Augsburg University.

Kathleen 'Katie' Clark, DNP, RN is an Assistant Professor of Nursing at Augsburg University and is the Executive Director of the Health Commons. She has taught at Augsburg since 2009, where her primary responsibilities are in the graduate program in courses focused on transcultural nursing, social justice, and civic agency. She also practiced for over eight years in an in-patient hospital in both oncology-hematology and medical intensive care. Her education includes a Master of Arts in Nursing degree focused on Transcultural Care and a DNP in Transcultural Leadership, both from Augsburg University.



Thursday, October 19 | 4:00pm - 4:30pm EDT

Narrative Pedagogy: Framing the Story with Modeling and Role-Modeling Theory

Abstract

Once upon a time, a pair of storytelling nurse educators and holistic nurses created a strategy for telling nursing stories. These nurse educators used narrative pedagogy to teach and learn about Modeling Role-Modeling theory and other nursing topics. The nurse educators did literature searches to find research articles about Storytelling and Modeling Role-Modeling Theory (MRM). The nurse educators read books about Storytelling Models and Modeling Role-Modeling. After a full literature review, they crafted a pre-set template of MRM concepts/framework and questions for use with narrative pedagogy. The template is named the MRM Narrative Template. Then they created stories using the pre-set template to illustrate key points and concepts in their courses. The MRM Narrative template was initially for teaching holistic nursing using MRM Theory as the framework but evolved into using the MRM Narrative Pedagogy template about other nursing topics.

A lesson learned is an intentional efforts to apply MRM theory to the storytelling craft spreads the philosophy of interactions, embracing differences, diverse worldviews, and cultural perspectives. Another lesson learned is the intention of developing skills in narrative pedagogy using MRM concepts meshed into the stories improved the storytelling skills of nurse educators. The storytellers demonstrate the use of the MRM Narrative Template with attendees. The story includes the MRM Narrative Template handout shared with attendees.

Presenters



Nancyruth Leibold

EdD, RN, MSN, PHN, CNE, AHN-BC
nrleibold@hotmail.com

Nurse Scholar Café



Mary Bemker

PhD, PsyS, MSN, LADC, LPCC-S, CNE, RN
mary.bemker@mail.waldenu.edu

Presentation Objectives

- Describe the strategy of using the Modeling and Role-Modeling Theory framework for storytelling.
- Explain the holistic nursing intention of using the Modeling and Role-Modeling Theory framework for storytelling.

This session earns 0.5 Contact Hours

Nancyruth Leibold, EdD, RN, MSN, PHN, CNE, AHN-BC is a vibrant, enthusiastic, and experienced nurse educator. Nancyruth has certification as an Advanced Holistic Nurse from the American Holistic Nurses Credentialing Corporation. Nancyruth is a Certified Nurse Educator, Reiki Master/Teacher, and Healing Energy Practitioner. She is passionate about storytelling, forest bathing, and nature therapy as holistic health promotion interventions. She has an EdD in Health Professionals from the College of Saint Mary's in Omaha, NE, an MS in Nursing from Creighton University, and a BSN from Nebraska Wesleyan University. Nancyruth is the Editor of Health Sciences at Multimedia Educational Resource for Learning and Online Teaching (MERLOT). She is active in Sigma Theta Tau International, the American Association of Colleges of Nursing, the National League for Nursing, the Accreditation Commission for Education in Nursing, and the American Holistic Nursing Association.

Mary Bemker, PhD, PsyS, MSN, LADC, LPCC-S, CNE, RN is a recognized scholar and forward-thinking nurse educator. Dr. Mary Bemker utilizes holistic concepts in nursing practice; she has written multiple nursing content related to mindfulness, hygge, and is a master reiki practitioner. Mary is a Henderson Fellow and active in three chapters of Sigma Theta Tau. Her education includes a PhD (community mental health nursing) and MSN from the University of Alabama at Birmingham, a PsyS and a BSN from Spalding University and a BS and MS in Education from Indiana University. She holds an honorary degree and two graduate certificates in healthcare leadership from Cornell University.



Thursday, October 19 | 4:30pm - 5:30pm EDT | **Q&A and Dialogue**

Bringing It All Together

Notes

Visualize your thoughts

A space to draw or doodle

Facilitator



Margaret Erickson

PhD, RN, CNS, APRN, APHN-BC, SGAHN

ahncc@flash.net

Words to dwell on

“Our life journey is about creating loving connections with others. Often our differences in cultural backgrounds, values, beliefs, and lived experiences makes this challenging. The beauty of using Modeling and Role-Modeling, personally and professionally, is that it allows us to build bridges between our worldview and others. In doing so, we can learn to honor, value, appreciate, and respect our differences; recognizing that the diversity among us creates a stronger, more enriched understanding of our shared humanity as a collective being and energetic force.”

This session earns 0.5 Contact Hours

Margaret Erickson, PhD, RN, CNS, APRN, APHN-BC, SGAHN holds certification as an Advanced Practice Holistic Nurse from the American Holistic Nurses Credentialing Corporation where she has been CEO since May 2000. She has worked with different populations/ in various settings, including, but not limited to adult and mental health, CCU, labor and delivery/newborn/nursery, and discharge planning/ case management. Margaret has taught at The University of Texas at Austin in the undergraduate/graduate nursing programs. She has researched/published/presented nationally/internationally in holistic-nursing, theory-based practice, and holistic health. She serves as Co-Chair on the Integrative Health Policy Consortium Board of Directors, is President for the Accreditation of Nursing Specialty Certification and sits as a Director at Large on the Global Academy of Holistic Nursing Board of Directors and on the Society for the Advancement of Modeling and Role-Modeling Board of Directors.



Friday

“Through many decades of learning about, applying and living the Modeling and Role-Modeling Theory, I have come to embrace the perspective that the underlying philosophy, concepts, and principles, applied in our personal and professional relationships, can facilitate us to engage in heart-to-heart, growth-producing, and life-changing connections. These heart-to-heart connections enhance growth in mind, body, spirit, and soul and, as a result...create a ripple effect and we all grow in mutually beneficial and reciprocal ways.”

Carolyn K. Kinney, PhD, RN, AHN-BC (retired), SGAHN

MODERATOR





Friday, October 20 | 11:00am - 11:30am EDT

Embracing Indigenous Wisdom: Experiencing the World Through an Indigenous Lens

Abstract

In today's increasingly interconnected and diverse world, there is a growing recognition of the value and importance of Indigenous perspectives and wisdom. Indigenous cultures possess deep-rooted knowledge systems that have sustained our communities for generations, embodying an interconnectedness with nature, spirituality, and community. This presentation will explore the transformative power of experiencing the world through an Indigenous lens, highlighting the unique insights and lessons it offers for healthcare providers. Experiencing the world through an Indigenous lens fosters a deeper understanding of the interconnectedness between humans, nature, and spirituality. Indigenous communities emphasize the importance of relationships, both with fellow humans and with the natural world. By recognizing the inherent value of all beings, Indigenous wisdom challenges the dominant worldview and encourages a more holistic and inclusive approach to existence. The profound impact of colonization on Indigenous communities and the importance of decolonizing our perspectives will also be described. Actively listening to Indigenous voices, engaging in cultural revitalization efforts, and supporting Indigenous-led initiatives will help work towards dismantling oppressive systems and foster reconciliation and healing. By acknowledging and embracing Indigenous wisdom, we can cultivate a more interconnected world that respects diverse cultures, values Indigenous rights, and acknowledges the invaluable contributions of Indigenous communities.

Misty L. Wilkie, PhD, RN, FAAN (Turtle Mountain Band of Chippewa/Métis) is a clinical associate professor, Director/Mentor for the Pathway to Doctoral Education for AI/AN Nurses grant, and Assistant Director of Inclusivity, Diversity & Equity at the University of Minnesota School of Nursing (UMN SON). Her scholarship supports minority nursing students with a focus on those from American Indian/Alaska Native (AI/AN) backgrounds to improve health outcomes for the individuals and their communities. Prior to her appointment at the UMN SON, she was a Professor at Bemidji State University (BSU). During her tenure at BSU, she was the first in Minnesota to receive a HRSA Nursing Workforce Diversity grant and the Founder/Director of Niganawenimaanaanig (Ojibwemowin for 'we take care of them') securing \$4.2 million in federal funding to recruit, retain, graduate, and license AI/AN baccalaureate prepared nurses. She has served on several national DEI committees and is internationally recognized for her work to support minority nursing students.

Presenter



Misty L. Wilkie

PhD, RN, FAAN

wilk0241@umn.edu

Presentation Objectives

- Summarize the impact of colonization on Indigenous communities.
- Describe one example of Indigenous wisdom that you can incorporate into your profession.

This session earns 0.5 Contact Hours



Friday, October 20 | 11:30am - 12:00pm EDT

Prescription for Academic Success Using Modeling and Role-Modeling: An Individualized Approach

Abstract

The Prescription (RX) for Success program at Lamar University Dishman School of Nursing (SON) is designed to facilitate academic success for all nursing students and promote students to be lifelong learners. RX for Success is coordinated through The Caring Place, which is a holistic retention center for students based on Modeling and Role-Modeling (MRM) theory. The Caring Place is staffed with a full-time BSN prepared retention specialist who is not a faculty member.

The RX for Success plan is implemented using MRM theory. Students are accepted as unique, diverse, and worthwhile individuals. Positive orientation is promoted so students keep their goals in mind during challenging times in the nursing program. Also, students' strengths are affirmed and used to develop a plan of action to help students be successful. In addition, students maintain control of their learning by actively engaging in developing goals and a plan of action to help them progress in the program.

Students who score 76% or lower on course exams are responsible for collaborating with course faculty in developing and implementing an individualized RX for Success plan. Data over the past 14 years demonstrate that students on RX Prescription for Success are more likely to progress to the next semester. Since its implementation in 2009, 2175 out of 2850 students (76%) on RX Prescription for Success have progressed to the next semester. Students' evaluations indicate they appreciate one-on-one faculty interactions that do not simply "tell them what to do to be successful" but instead help them "to build confidence...and...to make the right decisions for better grades." RX Prescription for Success has been a positive, effective program as one of many approaches to improve student retention.

Gina Hale, PhD, RN, CNE is an Associate Professor/Director of Undergraduate Nursing Studies and Student Retention with the JoAnne Gay Dishman School of Nursing at Lamar University. She has been a Registered Nurse (RN) for 30 years and a nurse educator for 19 years. Since 2004, she has been involved in numerous projects and leadership roles related to the recruitment and retention of nursing students.

Bethany Steely, MSN, RN, CCRN-K holds a master's degree in nursing with a focus on Nursing Education. She has more than 14 years of nursing experience in medical and cardiovascular intensive care and holds a certification in critical care nursing. She has been in nursing education for more than 7 years where her focus is on educating students in medical-surgical nursing, advanced medical-surgical nursing, basic nursing skills, and individualized remediation for standardized testing.

Jenny Thedford, MSN, RN, CCRN-K has been a Registered Nurse (RN) for over 23 years and nursing faculty at Lamar University Dishman School of Nursing for 13 years where Modeling and Role-Modeling (MRM) Theory is a fundamental component of the undergraduate curriculum. Mrs. Thedford has taught the MRM theory to nursing students and guided the scholarly application MRM theory in senior level courses. She has attended and presented at MRM Conferences over the years and sees it as an exemplary theory for nursing practice.

Presenters



Gina Hale

PhD, RN, CNE

gina.hale@lamar.edu



Bethany Steely

MSN, RN, CCRN-K

blwilliams2@lamar.edu



Jenny Thedford

MSN, RN, CCRN-K

jthedford@lamar.edu

Presentation Objectives

- Describe RX Prescription for Success individualized remediation plan for student academic success.
- Discuss the application of Modeling and Role-modeling as the theoretical framework for the RX Prescription for Success program.

This session earns 0.5 Contact Hours



Friday, October 20 | 12:00pm - 12:30pm EDT

Connecting with Our Values, Attitudes, and Inner Knowing

Abstract

Building on a foundation of two case stories, attendees will be invited to explore values and attitudes that reflect the philosophical frameworks and tenets that guide their holistic nursing practice. Self-reflection activities and community dialogue provide entrée to discovering and accessing one's inner knowing. Once that connection is experienced, attendees will be more able to *envision theory guided nursing practice...and see themselves as the holistic nurses they are.*

Presenters



Margaret Erickson

PhD, RN, CNS, APRN, APHN-BC, SGAHN

ahncc@flash.net



Deborah Shields

PhD, RN, CCRN, QTTT, AHN-BC, SGAHN

debshields@aol.com

Presentation Objectives

- Describe the relationship between values, attitudes and theory-guided holistic nursing practice.
- Value inner-knowing in the development of self.

This session earns 0.5 Contact Hours

Margaret Erickson, PhD, RN, CNS, APRN, APHN-BC, SGAHN holds certification as an Advanced Practice Holistic Nurse from the American Holistic Nurses Credentialing Corporation where she has been CEO since May 2000. She has worked with different populations/ in various settings, including, but not limited to adult and mental health, CCU, labor and delivery/newborn/nursery, and discharge planning/ case management. Margaret has taught at The University of Texas at Austin in the undergraduate/graduate nursing programs. She has researched/published/presented nationally/internationally in holistic-nursing, theory-based practice, and holistic health. She serves as Co-Chair on the Integrative Health Policy Consortium Board of Directors, is President for the Accreditation of Nursing Specialty Certification and sits as a Director at Large on the Global Academy of Holistic Nursing Board of Directors and on the Society for the Advancement of Modeling and Role-Modeling Board of Directors.

Deborah (Deb) Shields, PhD, RN, CCRN, QTTT, AHN-BC, SGAHN is a Professor of Nursing at Capital University in Columbus, Ohio and a private practitioner and teacher of Therapeutic Touch. She serves as President of AHNCC and is a board member of the Global Academy of Holistic Nursing. Deb has volunteered many years for AHNA and currently serves as the AHNA Accredited Approver Program Director, chair of the Program Recognition Committee, and a reviewer for the Journal of Holistic Nursing. She loves nursing and is passionate about integrating science and art in caring for self and others. Deb's current practice and scholarship includes developing holistic nursing education curricula, integrating aesthetics into practice, and theory development.



Friday, October 20 | 12:45pm - 1:45pm EDT | [Panel](#)

What is Involved with Jumping the Gap Between Education and Practice?

Abstract

Nursing students often have a problem with transition between education and practice. This is often because education fails to teach the paradigm of nursing and how it relates to practice. This presentation will offer a description of the relationship between the ontology – understanding of the essence of nursing and the epistemology – the knowledge, skills, and attitudes of nursing, and how it affects one's practice. This relationship is based on the paradigm taught in educational programs and the one expected of providers in the care systems. Personal experiences will be shared, problems identified, and possible solutions. Concepts of Affiliated-Individuation (A-I) and APAM will be used to describe the potential impact on both driving and restraining phenomena.

Presentation Objectives

- State relation between using Self as an instrument in practice and practice activities.
- State the relationship among a nurses worldview, her/his practice, and resilience.

This session earns 1.0 Contact Hours

Presenters



Ellen D. Schultz

PhD, RN, HTCP, AHN-BC, SGAHN
ellendschultz@comcast.net



Charles C. Reed

PhD, RN, CNRN, SGAHN
charles.reed@uhs-sa.com



Brenda L. Moffitt

MSN, ARNP, CNS-BC, CLC
moffittb7@gmail.com

Moderator



Helen L. Erickson

PhD, RN, AHNN-BC, FAAN, SGAHN
helenerickson1936@gmail.com

Ellen Schultz, PhD, RN, HTCP, AHN-BC, SGAHN is Professor Emerita and Community Faculty at Metropolitan State University Department of Nursing. For more than 30 years she has taught holistic nursing and nursing theory and has published and presented nationally on holistic-nursing, theory-based practice, energy-based practice, and holistic health. She is certified in Advanced Holistic Nursing, Labyrinth Facilitation, Healing Touch, and Feng Shui. She serves on the Circle of Sages for the Minnesota Holistic Nurses Association and the Board of Directors for the Global Academy of Holistic Nursing.

Charles Reed, PhD, RN, CNRN, SGAHN has more than 27 years experience in nursing with a specialty in neuroscience and executive management. He currently holds the position of Vice President/ACNO Center for Clinical Excellence and Ancillary Services at The University of Texas Health Science Center at San Antonio. He is recognized as a business-focused visionary, committed to leading the advancement of the nursing practice through the delivery of exemplary, cost-effective patient care. Their system has enjoyed Magnet Status since 2008 with a practice model based on the holistic nursing theory, Modeling and Role-Modeling. He was recently awarded an invitation to join the Global Academy of Holistic Nursing (GAHN) as a Charter Member, where he is recognized as a Distinguished Scholar of GAHN.

Brenda Moffitt, MSN, ARNP, CNS-BC, CLC works as a Clinical Nurse Specialist at Providence-Swedish Regional Medical Center in Everett, Washington in the Family Maternity Center. She has lead research and/or project management on lactation, substance use disorder in pregnant and postpartum birthing people, surgical site infection reduction, postpartum hemorrhage, and decreasing cesarean sections, in addition to other obstetric, diversity, equity, and inclusion topics. Brenda currently serves as the Secretary/Treasurer for Association of Women's Health Obstetric Nurse Washington Section, chairperson of Lactation Coalition of Snohomish County, and president of Northwest Affiliate of National Association of CNS. She has been involved in state and national leadership organizations across the years.



Friday, October 20 | 1:45pm - 2:15pm EDT

Conceptual Intertwining of Modeling & Role-Modeling Nursing Theory and Holistic Nurse Coaching

Abstract

This presentation provides clarity on holistic nurse coaching by demonstrating how the Modeling and Role-Modeling (MRM) nursing theory constructs of self-care knowledge, self-care resources, and self-care actions align with concepts that underlie principles of holistic nurse coaching. Concepts that are integral to the Modeling and Role-Modeling process and how they reflect operationalization of philosophical underpinnings and principles of holistic nurse coaching using the Bark Institute model as an exemplar will be presented. A research model schematic using holistic nurse coaching as an intervention will be used to demonstrate applicability of the conceptual intertwining of the MRM theory and holistic nurse coaching.

Presenter



Gloria Duke

PhD, RN, NC-BC, NBC-HWC
gduke@uttyler.edu

Trinity Integrative Care

Presentation Objectives

- The learner will be able to describe how MRM principals of nursing align with the holistic nurse coaching process
- The learner will be able to explain how MRM constructs of self-care knowledge, self-care resources, and self-care actions intertwine with holistic nurse coaching concepts by examining a research model.

This session earns 0.5 Contact Hours

Gloria Duke, PhD, RN, NC-BC, NBC-HWC has been a nurse coach since Spring 2021 and is AHNCC-Nurse Coach board certified. She has used MRM in her personal and professional life since first being introduced to it in 1992. Since then she has used it as a guiding framework in her research and in student dissertations and research. She is a Professor Emerita at The University of Texas at Tyler School of Nursing and recently returned to part time. She shares a private practice in health and wellness life coaching and microcurrent neurofeedback with her husband in Tyler, Texas. She has received certification from the National Board of Health and Wellness Coaching August 2023. She is planning to work with survivors of sex trafficking and with nurses/students/other groups who are at high risk for burnout and related issues. She currently serves as Acting Secretary for the Society for the Advancement of Modeling and Role-Modeling.



Friday, October 20 | 2:30pm - 3:00pm EDT

An Innovation in Teaching Nursing Theory

Abstract

As an autonomous profession, nursing has a unique body of knowledge to guide practice and research. While the literature documents the importance of including nursing theory in nursing curricula, its absence in both undergraduate and graduate nursing programs is also clearly described (Barrett, 2017; Clark, 2017; Parse, 2015). Nursing theory may not be recognized as essential when faculty have difficulty linking the sciences with the specifics of nursing actions and client outcomes. Creative ways of engaging students in studying and implementing nursing theory are needed.

Seeking to develop a non-hierarchical model, Swanson (2015) created a circular, holistic template, or mandala, that emphasizes interdependence, connectivity, and synergy. This template can be used to illustrate the interrelationships among knowledge, science, nursing actions and outcomes. It has been applied in a variety of contexts including application to holistic nursing, to organizations, and as a way of viewing and understanding nursing theory. In this presentation, the application of the Swanson Mandala in teaching nursing theory will be described. Modeling and Role-Modeling theory will be used as the example for teaching theory utilizing the holistic mandala, demonstrating relationships among aspects of the theory. The experience of using the template in a graduate nursing program and as a way of identifying commonalities in nursing theories will be discussed.

Ellen Schultz, PhD, RN, HTCP, AHN-BC, SGAHN is Professor Emerita and Community Faculty at Metropolitan State University Department of Nursing in St. Paul, MN. For more than 30 years she has taught holistic nursing and nursing theory and has published and presented nationally on holistic-nursing, theory-based practice, energy-based practice, and holistic health. She is certified in Advanced Holistic Nursing, Labyrinth Facilitation, Healing Touch, and Feng Shui. She is a past president and board member of the American Holistic Nurses Credentialing Corporation. She serves on the Circle of Sages for the Minnesota Holistic Nurses Association and the Board of Directors for the Global Academy of Holistic Nursing.

Presenter



Ellen D. Schultz

PhD, RN, HTCP, AHN-BC, SGAHN
ellendschultz@comcast.net

Presentation Objectives

- Examine the relationships among the components of the holistic mandala.
- View Modeling and Role-Modeling theory in the context of the mandala.
- Apply the mandala in teaching nursing theory.

This session earns 0.5 Contact Hours

Sources

Barrett, E. (2017). Again, what is nursing science? *Nursing Science Quarterly*, 30(2), 129-133.

Clarke, P. (2017). The elusive nursing science: Implications for the future. *Nursing Science Quarterly*, 30(4), 310-311.

Parse, R. (2015). Nursing science or is it the science of nursing? *Nursing Science Quarterly*, 28(2), 101-102.

Swanson, E. (2015). Heart, gut, head creating a healthier hierarchy. *Beaver's Pond Press*.



Friday, October 20 | 3:00pm - 4:45pm EDT

Grand Rounds

Abstract

The Grand Rounds offers the audience an opportunity to experience case presentations, data interpretation to create patterns, and analysis of the patterns to define themes within the case history. The processes are conducted with the Modeling and Role-Modeling (MRM) theory and paradigm as the foundation for interpretation and analysis of data.

Two separate cases will be presented. Each will be followed by an analysis of the case with concept identification, theoretical linkages, and predictions. Alternative considerations and hypotheses will be offered for each case. At the completion of the second case, theoretical similarities and differences will be explored. Audience participation will be invited to further discuss and explore application and evaluation of MRM.

Presenters



Helen L. Erickson

PhD, RN, AHN-BC, FAAN, SGAHN

helenerickson1936@gmail.com



Celeste M. Baldwin

PhD, MS, APRN, CNS

celeste.baldwin@regiscollege.edu



Jennifer Ramos

MSN, RN, CMSRN

jennifer.ramos@uhtx.com

Presentation Objectives

- Identify factors that facilitate/interfere with the five MRM aims of nursing.
- Identify MRM concepts key to clinical practice.
- Identify a new strategy to be used in practice.

This session earns 1.75 Contact Hours

Helen L. Erickson, PhD, RN, AHNN-BC, FAAN, SGAHN is the primary author of the theory and paradigm, Modeling and Role-Modeling. She has maintained a private practice since 1976 and held faculty and administrative positions where she was involved in teaching, research, practice, and consultation at the University of Michigan, University of South Carolina, and The University of Texas at Austin. She has several publications on Modeling and Role-Modeling theory and Holistic Nursing and has been recognized with awards for education, practice, living-legend, life-time achievement, and distinguished alumni award.

Celeste M. Baldwin, PhD, MS, APRN, CNS has been a nurse for 46 years and a nursing educator for 32 years. Her passion includes self-care and the care of patients in a wholistic manner with unconditional acceptance of the patient, facilitation of care with the patient and family, and nurturance. This approach is based on the theory of Modeling and Role-Modeling by Erickson, Tomlin, and Swain (1983). Utilizing these same principles of the role of the nurse in the education of her students as they are her patients in this case. Mentoring them, guiding them to practice self-care, maintaining physical health, and levels of hope, control, support, and satisfaction with daily living. Celeste's research is varied and wide, focusing on obstetrics, pediatrics, oncology, and what makes thing best for patients and her students. Her current research has been on Human Papillomavirus (HP) in the community and impostor phenomenon in DNP students.

Jennifer Ramos, MSN, RN, CMSRN has a Master in Nursing Education and Leadership. She has been practicing as an adult medical surgical nurse for 18 years and is certified in this specialty for the last 10 years. She currently holds the position of the Patient Care Coordinator at University Health for Hospital at Home Department.



Friday, October 20 | 4:45pm - 5:00pm EDT | **Wrapping Up**

Vision For the Future and Closing Conference Statements

Notes

Facilitator



Helen L. Erickson

PhD, RN, AHNN-BC, FAAN, SGAHN
helenerickson1936@gmail.com

Words to dwell on

“When we take time to prepare ourselves, focus on empowering our client’s natural healing abilities through the use of the Presence and Intent and then actively listen to their story, it is often amazing how people are able to grow and heal”.*

This session earns 0.25 Contact Hours

Visualize your thoughts

A space to draw or doodle

Helen L. Erickson, PhD, RN, AHNN-BC, FAAN, SGAHN is the primary author of the theory and paradigm, Modeling and Role-Modeling. She has maintained a private practice since 1976 and held faculty and administrative positions where she was involved in teaching, research, practice, and consultation at the University of Michigan, University of South Carolina, and The University of Texas at Austin. She has several publications on Modeling and Role-Modeling theory and Holistic Nursing and has been recognized with awards for education, practice, living-legend, life-time achievement, and distinguished alumni award.

*Erickson, H.L. (2006). The healing process (p. 425). In H.L. Erickson (Ed.) Modeling and Role-Modeling: A View from the client’s world (pp. 411-443). Cedar Park, TX: Unicorn Unlimited.

Connect

Engage

Empower

Thank you for joining this virtual conference!

- A link to the Conference Recordings will be sent to you after edits are completed.
- You will have access to the recordings for six months.
- We hope our time together brings meaning to your life.

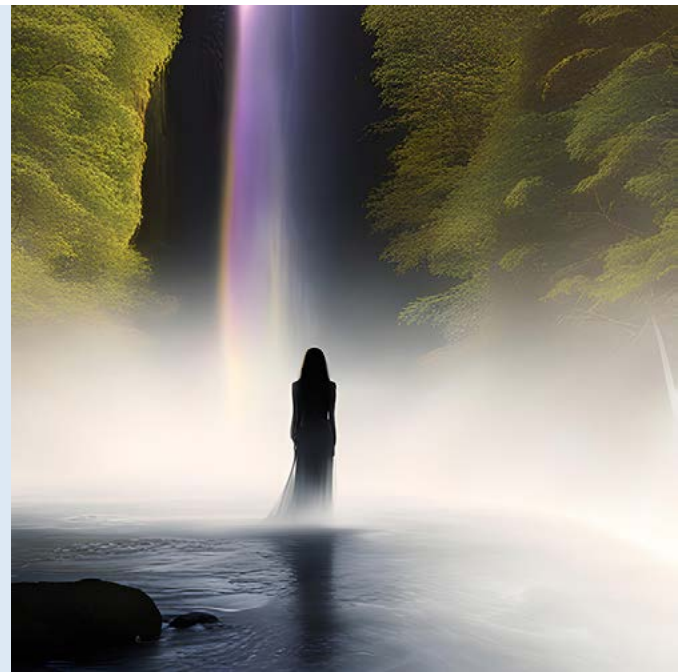


Society for the Advancement
of Modeling and Role-Modeling

“Our Self-knowing comes from listening to our inner voice which draws from our Soul and the Universe.”

Helen Erickson, PhD, RN, AHN-BC, FAAN, SGAHN

Erickson, H.L. (2006). Searching for Life Purpose: Discovering meaning (p. 25). In H.C. Erickson (Ed.) Modeling and Role-Modeling: A View from the client's world (pp. 5-32). Cedar Park, TX: Unicorn Unlimited.



“Believe in yourself...You are an essential,
valued human being....We believe in you;
believe in yourself.”

Helen Erickson, PhD, RN, AHN-BC, FAAN, SGAHN



Society for the Advancement
of Modeling and Role-Modeling

Learn More | Partner | Join Us
www.mrmnursingtheory.org